

# HypnoBirthing & HypnoMothering Packages



## Ohana Series

### **Ohana Package: From Baby to Bump**

- \* Empowering 6 week HypnoBirthing Group
  - \* HypnoMothering™ Workshop (pre or post-natal) for Mama
- ✚ \$520

### **Ohana Plus Package: Baby to Bump & Beyond**

- \* Empowering 6 week HypnoBirthing Group
  - \* HypnoMothering™ Workshop (pre or post-natal) for Mama
  - \* One 60 minute private Session (pre or post-natal)
- ✚ \$670

## HypnoBirthing® Premium Package

- \* Empowering 6 week HypnoBirthing Group
  - \* One 60 minute private Session (pre or post-natal)
- ✚ \$570

## HypnoMothering™ Premium Package

- \* HypnoMothering™ Workshop (pre or post-natal) for Mama
  - \* One 60 minute private Session (pre or post-natal)
- ✚ \$260

## Rates of Additional Services without packages

- ✚ HypnoBirthing Group Course: \$420
- ✚ One Hour Private Sessions: \$160
- ✚ HypnoMothering \$115.00

\*\*\* Prices above include g.s.t.

\*\*\* All Services May be Covered by Your Insurance Company...check your plan to see if your insurance covers general services with a registered social worker